

Go Bag Essentials **By Michelle Cerino**

EPLI™ Ultimate Survival Pen Light by Brite Strike

<http://www.brite-strike.com/camping.html>

Using only two AAA batteries, this LED waterproof and shockproof pen light has 3 settings, and projects up to 160 lumens.

Style® PS multi-tool by Leatherman

<https://www.leatherman.com/style-ps-25.html>

Eight tools in one, and TSA-compliant. This multi-tool has needle-nose and regular pliers, a nail file, wire cutters, scissors, a flat/Phillips screwdriver, tweezers and a carabineer that doubles as a bottle opener.

Ultimate Survival Key Fob by Brite Strike

<http://www.brite-strike.com/camping.html>

This fits in your hand and contains a firestarter rod and jute tinder. It also has a mini knife wrapped in 200-lb. Kevlar line, 2 fishing hooks, 20 feet of fishing line, a Line Light, a compass and 12 feet of paracord.

5 in 1 Survival Whistle

amazon.com

Carrying one item instead of 5 just makes sense. This whistle includes a water-resistant container (you can put matches inside), compass, signal mirror and flint.

Waterproof “peanut sized” lighter

amazon.com

The screw top with rubber O-ring makes this lighter waterproof and keeps the fluid from evaporating before you need it.

Rite in the Rain Notebook & Pen

<http://www.riteintherain.com/product-type>

These notebooks come in various styles and sizes and can be written on in wet conditions, even underwater. The blaze-orange bullet pen writes upside down in temperature from -30F to 250F.

Bandanna

Emergency uses for a bandana are numerous.

Knife

Choose a knife you are comfortable handling, stays sharp and is easy to open and close.

Protein Bar

Find a brand high in protein, preferably without chocolate that may melt.

Electrolyte-Enhanced Drink Tablet

Adding one to a bottle of water helps avoid dehydration.

Current Photos of Family

The ability to quickly produce a photo saves precious time in an emergency.

Vertx Organizational Pouch

<https://www.wearvertx.com/large-organizational-pouch.aspx>

All items can be easily stored inside this pouch and moved between purses, totes and backpacks.