



Shooting, Hunting, Fishing and Adventure Organizations for Women and Girls

We have compiled a list of reputable organizations that provide shooting, hunting, fishing and/or adventure opportunities for women and girls. We will be updating this list when we know of more and new organizations, and we would love to hear from you if you have an addition for us to include.

Becoming an Outdoors-Woman

<https://www.uwsp.edu/cnr-ap/bow/Pages/default.aspx>

Becoming an Outdoors-Woman (BOW) is a non-profit, educational program offering hands-on workshops to adult women. We encourage a supportive environment conducive to learning, making friends, and having fun. No experience is necessary and BOW is for women of all ages and fitness levels. Also includes “Beyond Bow” trips and experiences, where participants focus on a few outdoor activities or a trip to visit another country.

National Wild Turkey Federation Women in the Outdoors Program

<https://www.nwtf.org/about/hunting-heritage/wito>

Women who seek outdoor adventures or more quality time with family and friends will find that connection through hundreds of Women in the Outdoors events hosted by NWTF chapters around the United States. Events are affordable and offer outdoor activities such as archery, shotgunning and various introduction to hunting classes.

Amanda Lynn Mayhew 's Women's Outreach Programs

<https://amandalynnmayhew.com>

Amanda Lynn Mayhew is the popular TV host of “THAT Hunting Girl,” a Canadian outdoor program. When not filming for the next episode, Amanda Lynn often can be found hosting Women's Hunting Association – with programs available Canada-wide, including [range days](#), [hunting clinics](#), fishing (open water & ice) adventures.

State Wildlife Agencies

We won't list them all here, but make sure you check your own state's wildlife agency or Department of Natural Resources for women's and children's clinics on hunting, shooting, fishing and adventure.

SHOOTING

Shoot Like A Girl

<http://shootlikeagirl.com/index.html>

Shoot Like A Girl gives women in the US the opportunity to shoot a pistol, rifle and bow in a safe, controlled, women-friendly environment under the guidance of trained NRA firearms instructors and archery coaches. The organization travels the country in a 53-foot mobile unit, that comes with a military-grade firearms simulation range and live archery range.

A Girl & A Gun Women's Shooting League

<http://www.agirlandagun.org/>

A Girl & A Gun Women's Shooting League (AG & AG) is a shooting club established by women shooters for women shooters. AG & AG events are intended to be fun, social gatherings where women can come together for support, encouragement, ask questions in a safe and nonjudgmental environment, improve on their marksmanship, and bond together in the shooting community.

The Well Armed Woman

<https://twawshootingchapters.org>

TWAW Shooting Chapters is a non-profit organization that organizes local groups of women around the country that meet monthly to practice, learn and grow as shooters. Creating opportunities for women to be introduced to issues important to women shooters, learn safe gun handling skills and train together.

DIVA WOW

<https://divawow.org/>

The mission of DIVA WOW is to help, teach and support women worldwide in a women friendly, non-threatening, supportive environment by introducing them to shooting sports and a variety of outdoor activities. DIVA WOW is more than a shooting organization - it is a vehicle for educating women and youth about the outdoors and affords them opportunities for participation in all outdoor activities.

Local Ranges

Check with your local ranges to see if they might offer women's courses, evenings on the range, or other specials throughout the year.

SHOOTING AND HUNTING

The Sisterhood of the Outdoors

<https://www.sisterhoodoutdoors.com/>

The Sisterhood of the Outdoors creates more than 100 opportunities a year for women to learn to hunt or shoot. We also include many great couple's events and fishing trips.

National Rifle Association Women's Programs

<http://women.nra.org/>

Whether it's a Wilderness Escape to New Mexico or a weekend Women on Target Instructional Clinic, discover various programs supported by the National Rifle Association to educate women in shooting and hunting skills.

Ladies Shooting Club (UK)

<https://ladiesshootingclub.com/>

The Ladies Shooting Club is *the* sister club of The Shotgun & Chelsea Bun Club and online community for women shooters who want to progress, network and achieve success. Associated with the wildly popular Shotgun & Chelsea Bun Club. Members get discounted prices to events and shooting gear.

Lady Guns

<https://www.ladyguns.ca>

LadyGuns is a Canadian based organization that seeks to empower women in the shooting sports industry while creating an inclusive and supportive community for women by women.

Syren USA Shotgun Clinics

<https://syrenusa.com/>

Syren USA offers a full line of shotguns designed for women in competition sports and hunting. It also offers tailor-made clinics to women across the country, and an annual hunting trip (in collaboration with Orvis) so that women may meet, shoot and hunt upland birds together. It's more than a brand of shotguns; it's a movement and a community entwined. Find out more about hosting a Syren shotgun clinic at your range.

FISHING

Ladies, Let's Go Fishing (The No Yelling School of Fishing)

<http://ladiesletsgofishing.com/>

“Ladies, Let's Go Fishing!” is a weekend seminar series offering a complete fishing experience presented in a non-intimidating environment. Leading sportfishing and marine industry professionals teach classes and provide hands-on training in inshore, offshore, bottom and fly fishing techniques. Skill stations are offered and a fishing excursion is available, complete with fish fillet instructions.

Sisters on the Fly

<https://www.sistersonthefly.com>

Membership-based outdoor women's organization that fly-fishes, and holds special destination trips: camping, sightseeing, hiking, Girls' Night Out, antiquing, junkin', dancing, cooking, horseback riding, fishing, kayaking, wine tasting, geocaching, community service, fundraising, Meet-Greet-&-Eat gatherings, creative outlets, cultural forays.

Casting for Recovery

<http://castingforrecovery.org/>

The mission of Casting for Recovery is to enhance the quality of life of women with breast cancer through a unique program that combines breast cancer education and peer support with the therapeutic sport of fly fishing. The retreats offer opportunities for women to find inspiration, discover renewed energy for life and experience healing connections with other women and nature. Casting for Recovery's retreats are open to breast cancer survivors of all ages, in all stages of treatment and recovery, and are free to participants.

Wisconsin Women Fish

<http://internationalwomenflyfishers.com/>

This is the Wisconsin Women Fish organization's 10 year anniversary. Bigger and better than ever. Over 160 members from 5 states. Fishing outings year round Fish from shore, kayak or boat Members range in age from 25 to 79.

Women's Pro Bass Tour (LBAA)

<https://www.ladybassanglers.com/>

You may not be a pro bass angler, but you can learn from women who are, and get out to see them in action. Members receive a quarterly blog featuring tactics and outlooks from LBAA anglers, tips, and much more. New LBAA members receive a FREE LBAA Women's Pro Bass Tour T-Shirt.

United Women on the Fly

<https://unitedwomenonthefly.com/>

United Women on the Fly (UWOTF) is an interactive Community Based website allowing anglers (specifically women) to connect with other groups, clubs and organizations throughout the world.

ADVENTURE

Outdoor Journal Tour

<https://www.outdoorjournaltour.com>

The Outdoor Journal Tour, lovingly dubbed ODJT, is a community built for women to facilitate personal growth and alignment. We use a beautiful combination of physical activity, guided journaling and meditation to help women create this balance. Includes hikes and day trips for adventure activities.

Washington Women Outdoors

<http://www.washingtonwomenoutdoors.org/>

Washington Women Outdoors members are independent women who seek adventure in the outdoors. We have a passion for hiking, biking, rock climbing, caving, backpacking, kayaking, cross country skiing, horseback riding, hang gliding, and anything that tests our strength and broadens our horizons. We enjoy meeting new people who want to travel with us to beautiful places in the wilderness. If you are open to learning new things in a supportive environment and enjoy sharing the outdoors with other women, we invite you to join us.

Chicks with Picks

<http://www.chickswithpicks.net/about-chicks/>

Chicks Climbing, now nearly 20 years old, was established to empower more women to experience the thrill of climbing with women, for women. This vision led to the creation of Chicks with Picks, which offered the first ever women's ice climbing clinic in Ouray, Colorado. Chicks Climbing & Skiing is owned by five

mountain lovers and experienced guides: Kitty Calhoun, Dawn Glanc, Angela Hawse, Elaina Arenz, and Karen Bockel. The vision is to empower women through mountain sports and continue the tradition of giving back to the community. They acquired Chicks Climbing in 2015 and immediately got to work by adding new event locations to the already popular Chicks line-up, as well as ski mountaineering and alpine climbing.

Fat Girls Hiking

<https://www.facebook.com/fatgirlshiking/about/>

Fat Girls Hiking is a diverse body positive hiking community based in Portland, OR. We want to take the shame & stigma out of the word FAT & empower it. Our motto, Trails Not Scales focuses on Self Care in the outdoors. We promote weight-neutrality & Health At Every Size. Trails Not Scales reminds us that the more we hike, the more love we have for ourselves & our bodies just as they are. We want all people to feel comfortable outdoors & to be able to claim their space on the trail.

FOR GIRLS!

Frontier Girls

<https://frontiergirlsclubs.com/>

Frontier Girls is a scout like curriculum for girls designed for organizations to use as part of their youth programming. Its youth program for girls promotes community service, patriotism, life skills and leadership. With nine Areas of Discovery, badges cover everything from outdoor skills like camping and kayaking to character traits like responsibility and teamwork.

Inspiring Girls

<https://www.inspiringgirls.org/>

Each year, this organization selects expedition teams of 8-9 teenage girls and 3 instructors to spend 12 days exploring and learning about a remote wilderness environment. Through scientific field studies with a team of professional scientists, artists, and wilderness guides, girls will build critical thinking skills, gain self-confidence, and make lasting friendships.

Girls on the Run

<https://www.girlsontherun.org/Who-We-Are/Our-Mission>

This program inspires girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.