

# Shooting, Hunting, Fishing and Adventure Organizations for Women and Girls

We have compiled a list of reputable organizations that provide shooting, hunting, fishing and/or adventure opportunities for women and girls. We will be updating this list when we know of more and new organizations, and we would love to hear from you if you have an addition for us to include.

### **SHOOTING**

#### Shoot Like A Girl

https://shootlikeagirl.com

Shoot Like A Girl gives women in the US the opportunity to shoot a pistol, rifle and bow in a safe, controlled, women-friendly environment under the guidance of trained NRA firearms instructors and archery coaches. The organization travels the country in a 53-foot mobile unit, that comes with a military-grade firearms simulation range and live archery range.

# A Girl & A Gun Women's Shooting League <a href="http://www.agirlandagun.org/">http://www.agirlandagun.org/</a>

A Girl & A Gun Women's Shooting League (AG & AG) is a shooting club established by women shooters for women shooters. AG & AG events are intended to be fun, social gatherings where women can come together for support, encouragement, ask questions in a safe and nonjudgmental environment, improve on their marksmanship, and bond together in the shooting community.

Armed Women of America, formerly The Well Armed Woman <a href="https://twawshootingchapters.org">https://twawshootingchapters.org</a>

TWAW Shooting Chapters is a non-profit organization that organizes local groups of women around the country that meet monthly to practice, learn and grow as shooters. Creating opportunities for women to be introduced to issues important to women shooters, learn safe gun handling skills and train together.

### **DIVA WOW**

## https://divawow.org/

The mission of DIVA WOW is to help, teach and support women worldwide in a women friendly, non-threatening, supportive environment by introducing them to shooting sports and a variety of outdoor activities. DIVA WOW is more than a shooting organization - it is a vehicle for educating women and youth about the outdoors and affords them opportunities for participation in all outdoor activities.

## **Local Ranges**

Check with your local ranges to see if they might offer women's courses, evenings on the range, or other specials throughout the year.

### SHOOTING AND HUNTING

# National Rifle Association Women's Programs http://women.nra.org/

Whether it's a Wilderness Escape to New Mexico or a weekend Women on Target Instructional Clinic, discover various programs supported by the National Rifle Association to educate women in shooting and hunting skills.

## The Shotgun & Chelsea Bun Club (UK)

https://www.shotgunandchelseabunclub.co.uk/

This is a UK-based organization for women shooters who want to progress, network and achieve success. Offering shoots, competition and newfound friendship. Members get discounted prices to events and shooting gear.

**Lady Guns** 

https://www.ladyguns.ca

LadyGuns is a Canadian-based organization that seeks to empower women in the shooting sports industry while creating an inclusive and supportive community for women by women.

# Syren USA Shotgun Clinics <a href="https://syrenusa.com/">https://syrenusa.com/</a>

Syren USA offers a full line of shotguns designed for women in competition sports and hunting. It also offers tailor-made clinics to women across the country, and an annual hunting trip (in collaboration with Orvis) so that women may meet, shoot and hunt upland birds together. It's more than a brand of shotguns; it's a movement and a community entwined. Find out more about hosting a Syren shotgun clinic at your range.

### **FISHING**

# Ladies, Let's Go Fishing (The No Yelling School of Fishing) <a href="http://ladiesletsgofishing.com/">http://ladiesletsgofishing.com/</a>

"Ladies, Let's Go Fishing!" is a weekend seminar series offering a complete fishing experience presented in a non-intimidating environment. Leading sportfishing and marine industry professionals teach classes and provide hands-on training in inshore, offshore, bottom and fly fishing techniques. Skill stations are offered and a fishing excursion is available, complete with fish fillet instructions.

# Sisters on the Fly https://www.sistersonthefly.com

Membership-based outdoor women's organization that fly-fishes, and holds special destination trips: camping, sightseeing, hiking, Girls' Night Out, antiquing, junkin', dancing, cooking, horseback riding, fishing, kayaking, wine tasting, geocaching, community service, fundraising, Meet-Greet-&-Eat gatherings, creative outlets, cultural forays.

# Casting for Recovery <a href="http://castingforrecovery.org/">http://castingforrecovery.org/</a>

The mission of Casting for Recovery is to enhance the quality of life of women with breast cancer through a unique program that combines breast cancer education

and peer support with the therapeutic sport of fly fishing. The retreats offer opportunities for women to find inspiration, discover renewed energy for life and experience healing connections with other women and nature. Casting for Recovery's retreats are open to breast cancer survivors of all ages, in all stages of treatment and recovery, and are free to participants.

### Wisconsin Women Fish

https://wiwomenfish.com

With more than 160 members from 5 states, this women's fishing organization offers fishing outings year round. Fish from shore, kayak or boat. Members range in age from 25 to 79.

## Women's Pro Bass Tour (LBAA) https://www.ladybassanglers.com/

You may not be a pro bass angler, but you can learn from women who are, and get out to see them in action. Members receive a quarterly blog featuring tactics and outlooks from LBAA anglers, tips, and much more. New LBAA members receive a FREE LBAA Women's Pro Bass Tour T-Shirt.

## **United Women on the Fly**

https://uwotf.com

United Women on the Fly (UWOTF) is an interactive community based website allowing anglers (specifically women) to connect with other groups, clubs and organizations throughout the world. Offers online fishing classes.

#### **ADVENTURE**

### #wehiketoheal

https://wehiketoheal.org

#wehiketoheal's mission is to encourage women everywhere to tap into the healing powers within themselves, each other, and Mother Nature. Over the last 5 years, thousands of women in this community have taken to the outdoors for solidarity, connectedness, and restoration with group #healinghikes all over the world. In light of the Coronavirus pandemic, it has paused all in-person events and

have transitioned to all virtual experiences. The organization offers various eBooks and guided journals, as well as apparel, accessories, other novelties and more.

# Washington Women Outdoors <a href="http://www.washingtonwomenoutdoors.org/">http://www.washingtonwomenoutdoors.org/</a>

Washington Women Outdoors members are independent women who seek adventure in the outdoors. They have a passion for hiking, biking, rock climbing, caving, backpacking, kayaking, cross country skiing, horseback riding, hang gliding, and anything that tests their strength and broadens their horizons. They enjoy meeting new people who want to travel with them to beautiful places in the wilderness. If you are open to learning new things in a supportive environment and enjoy sharing the outdoors with other women, they invite you to join them.

## **Fat Girls Hiking**

https://fatgirlshiking.com

Fat Girls Hiking is a diverse body positive hiking community based in Portland, Oregon. They want to take the shame and stigma out of the word FAT & empower it. Their motto, Trails Not Scales, focuses on self-care in the outdoors.

## SHOOTING, HUNTING, FISHING AND ADVENTURE

## **Becoming an Outdoors-Woman**

https://www.uwsp.edu/cnr-ap/bow/Pages/default.aspx

Becoming an Outdoors-Woman (BOW) is a non-profit, educational program offering hands-on workshops to adult women. We encourage a supportive environment conducive to learning, making friends, and having fun. No experience is necessary and BOW is for women of all ages and fitness levels. Also includes "Beyond Bow" trips and experiences, where participants focus on a few outdoor activities or a trip to visit another country.

# National Wild Turkey Federation Women in the Outdoors Program <a href="https://www.nwtf.org/about/hunting-heritage/wito">https://www.nwtf.org/about/hunting-heritage/wito</a>

Women who seek outdoor adventures or more quality time with family and friends will find that connection through hundreds of Women in the Outdoors events hosted by NWTF chapters around the United States. Events are affordable

and offer outdoor activities such as archery, shotgunning and various introduction to hunting classes.

# Amanda Lynn Mayhew 's Women's Outreach Programs https://justhunt.ca

Amanda Lynn Mayhew is the popular TV host of "THAT Hunting Girl," a Canadian outdoor program. When not filming for the next episode, Amanda Lynn often can be found hosting Women's Hunting Association – with programs available Canada-wide, including <u>range days</u>, <u>hunting clinics</u>, fishing (open water & ice) adventures.

## **State Wildlife Agencies**

We won't list them all here, but make sure you check your own state's wildlife agency or Department of Natural Resources for women's and children's clinics on hunting, shooting, fishing and adventure.

# The Sisterhood of the Outdoors <a href="https://www.sisterhoodoutdoors.com/">https://www.sisterhoodoutdoors.com/</a>

The Sisterhood of the Outdoors creates more than 100 opportunities a year for women to learn to hunt, fish or shoot. They also include many great couple's events and fishing trips. With a mission to empower the next generation lady hunter and to provide ladies with quality hunting, fishing and outdoor adventures at an affordable price. From big game to waterfowl, from stingray bow fishing to rifle hunting predators, they want to share these adventures with you.

### Wander Woman – Kansas

https://www.wanderwomanks.com

Wander Woman is a diverse women's outdoor group engaged in the enjoyment of adventuring and exploring the outdoors. Motto: "We encourage and strengthen each other by participating in outdoor clinics, events, and gatherings. Our group provides a comfortable environment for personal growth for each woman in the outdoors."

### wildHERness

https://wildherness.org/

Creating a community of strong, adventurous females through participation in outdoor pursuits. Their goal is to build independence and self-sufficiency that will empower all women to pursue more adventures outside. Motto: "Let's go farther, jump higher and get our hands dirty!" They maintain a diverse, welcoming environment; every woman who wants to participate shall!

### FOR GIRLS!

### **Frontier Girls**

https://frontiergirlsclubs.com/

Frontier Girls is a Scout-like curriculum for girls designed for organizations to use as part of their youth programming. Its youth program for girls promotes community service, patriotism, life skills and leadership. With nine Areas of Discovery, badges cover everything from outdoor skills like camping and kayaking to character traits like responsibility and teamwork.

### **Inspiring Girls**

https://www.inspiringgirls.org/

Each year, this organization selects expedition teams of 8-9 teenage girls and 3 instructors to spend 12 days exploring and learning about a remote wilderness environment. Through scientific field studies with a team of professional scientists, artists, and wilderness guides, girls will build critical thinking skills, gain self-confidence, and make lasting friendships.

#### Girls on the Run

https://www.girlsontherun.org/Who-We-Are/Our-Mission

This program inspires girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.